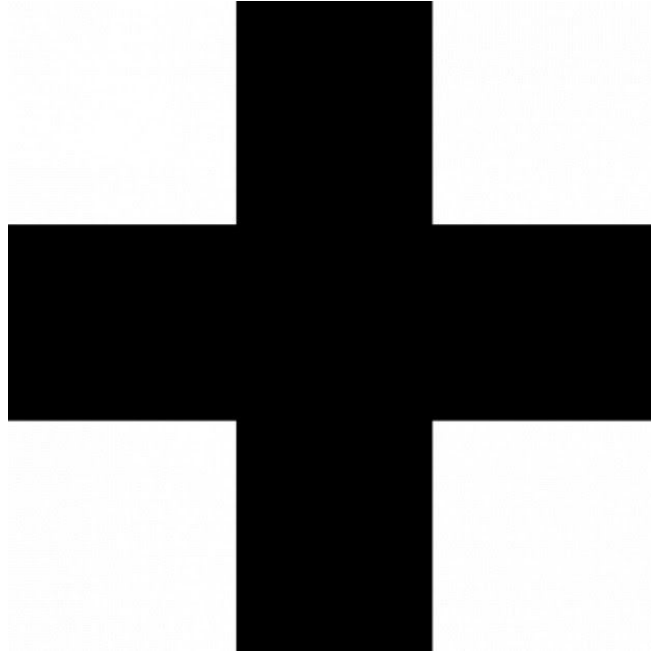


# VAL VERDE MUTUAL AID



**[vvmutualaid@gmail.com](mailto:vvmutualaid@gmail.com)**

**661.347.6874**

Local residents have formed Val Verde Mutual Aid to help each other during the COVID-19 pandemic and beyond.

**Need Help? Want to Help?**

Please email or call us to request or offer aid

**WE CAN OFFER PRACTICAL HELP LIKE:**

- ▣ Picking up and delivering groceries
- ▣ Making regular friendly phone calls
- ▣ Light yard cleanup
- ▣ Picking up urgent supplies/meds
- ▣ Posting mail, visiting post office
- ▣ Help Finding Bill Relief Programs

Your Neighborhood Point Person is \_\_\_\_\_